

11TH ANNUAL RUN FOR HELP

In Memory of Liza Ellen Warner, Nikki Hart, Amber Fernald & Jamie Martin

A 5K RACE/WALK AGAINST DOMESTIC VIOLENCE

5K RUN - 5K WALK - KIDS RACES

All proceeds from the race to benefit
Unity House Domestic Violence Program

JOIN US!

WHEN:

SUNDAY, JUNE 10, 2018

8:00 AM REGISTRATION

9:15 AM KIDS FUN RUN

9:30 AM YOUTH MILE

10:00 AM 5K RUN/WALK

WHERE:

GOFF MIDDLE SCHOOL

GILLIGAN ROAD, EAST GREENBUSH

REGISTRATION FEE*:

\$30 - 5K RUN/WALK (\$35 DAY OF RUN)

\$15 - KIDS MILE

KIDS FUN RUN - FREE

~AWARDS FOR EACH AGE GROUP~

~REFRESHMENTS AVAILABLE~

REGISTER AT:

ZippyReg LINK

ONLINE REGISTRATION OPEN UNTIL 6/7/2018

SPONSORSHIP OPPORTUNITIES!

\$500 - Sponsor name to appear on T-Shirts and in the Runners Bags Flyers

\$250 - Sponsor name on Runners Bags Flyers

DONORS WANTED!

ITEMS NEEDED FOR CHINESE AUCTION

EACH YEAR WE HOST A SUCCESSFUL CHINESE AUCTION FOR RUNNERS AND SUPPORTERS

ALL PROCEEDS BENEFIT THE CAUSE!

IF YOU WOULD LIKE TO DONATE PLEASE EMAIL OR CALL

MARTHA 928-8346

MARTHAWARNER29@GMAIL.COM

MONETARY DONATIONS WELCOME!

DONATIONS ALWAYS WELCOME AND APPRECIATED!

FOR MORE INFORMATION FOLLOW US ON FACEBOOK
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WWW.FACEBOOK.COM/FFLEW.INC/

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